

Cruel Jewel 100

race rules

- No Littering!!
- Runners must stay on marked course at all times
- No cutting of switchbacks
- Runners must check in at each aid station
- Runners may only receive aid at designated aid stations
- Runners may not receive aid from or be paced by vehicles on road sections
- Runners may pick up pacer starting at the turn-around point (Camp Morganton) or any other crew accessible aid station *thereafter*
- Only ONE pacer is allowed on course with runner at any time
- Pacers must wear “Pacer” bib and complete waiver prior to event.
- Crews may only use crew accessible aid stations
- Only ONE car per crew at each aid station
- Crew will NOT park in a manner that will block traffic, trailheads or other cars
- Crew will NOT leave car parked at aid station
- Trekking poles are allowed
- Runners may only be scored for awards under gender designated on government issued ID. Participants that elect to not disclose their gender or choose “Other” as their gender will not be included in scoring for awards.
- On the Flat Creek Loop, runners must use designated station to punch bib to show proof of loop completion. Bib will be checked at Camp Morganton for Loop 1. If bib is not punched, runner must return to Flat Creek Loop, punch bib and return to Camp Morganton. Bib will be checked at FINISH for Loop 2. If bib is not punched for Loop 2, runner will be disqualified.

Any runner that violates any of the above listed regulations is subject to disqualification.

Any crew that violates any of the above listed rules is subject to the disqualification of their runner.