

Cruel Jewel 100

race rules

- No Littering !!
- Runners must stay on marked course at all times
- No cutting of switchbacks
- Runners must check in at each aid station
- Runners may only receive aid at designated aid stations
- Runners may not receive aid from or be paced by vehicles on road sections
- Runners may pick up pacer starting at turn around point (Camp Morganton) or any other crew accessible aid station thereafter
- Only one pacer is allowed on course with runner at any time
- Crews may only use crew accessible aid stations
- Only ONE car per crew at each aid station
- Crew will NOT park in a manner that will block traffic, trailheads or other cars
- Crew will NOT leave car parked at aid station
- Poles are allowed
- No Littering !!

Any runner that violates any of the above listed regulations is subject to disqualification.

Any crew that violates any of the above listed rules is subject to the disqualification of their runner.