

# Cruel Jewel 100

## Pacer information

1. A pace runner is any individual who accompanies an entrant for any distance greater than 100 yards at one time.
2. One pacer at a time may accompany each runner from the Camp Morganton aid station to the finish. Exceptions:
  - o All crew members, pacers and fans may accompany a runner on the paved road section within Vogel State Park to the Finish Line.
3. Each pacer must sign a release form at packet pickup Friday 9am-11am or at Camp Morganton aid station. Alternatively, the release form, which is included in the runner guide, may be downloaded, completed and brought to packet pickup by the runner.
4. Pacers must be at least 18 years of age. (Specific exceptions may be made in advance of the race by the Race Director.)
5. Each pacer must wear the official pacer bib.
6. All pacers must clearly identify themselves when passing through control points. It is extremely important that race personnel know exactly who is on the trail and where.
7. Pacers must stay with their runners at all times, except in the case of an emergency. If the runner withdraws from the race, the pacer must also leave the course.
8. Changes of pacers may be made only at crew accessible aid stations: Camp Morganton, Stanley Gap, Old Dial, Wilscot Gap and Skeenah Gap.
9. Pacers must enter and leave each aid station WITH their runners. They may assist with the re-filling of water bottles or replenishment of supplies while in the station but may not come into the checkpoint ahead of their runners, or depart after their runners, in order to speed up the re-fueling process.
10. Pacers may not carry water, food, flashlights, shoes, clothing or other supplies for anyone other than themselves. "Muling" is expressly forbidden.
11. No mechanical or physical assistance may be given by the pacer to the runner at any time.
12. Please respect the trails; littering of any kind is strictly prohibited.

Any runner that violates any of the above listed regulations is subject to disqualification.

Any crew that violates any of the above listed rules is subject to the disqualification of their runner.