

# Cruel Jewel 100 Mile

## Course Description

The Cruel Jewel 100 is a 106 mile foot race deep with in the beautiful Chattahoochee National Forest of the North Georgia Mountains. It consists of 93 miles of trails, 13 miles of mountain roads, and 20 aid stations. Along your journey from Vogel State Park to Blue Ridge and back you will experience tough, and sometimes technical, single track trails, ferns and old growth poplar trees, steep ascents and even steeper descents, an historic steel bridge spanning the Toccoa River, the Dragon's Spine, lush green hardwood forests, rocks, roots and ridge lines ... all of which will be passed before you reach your final destination. And as a bonus we have thrown in 30,000 feet of gain and 30,000 feet of loss just to keep it interesting!

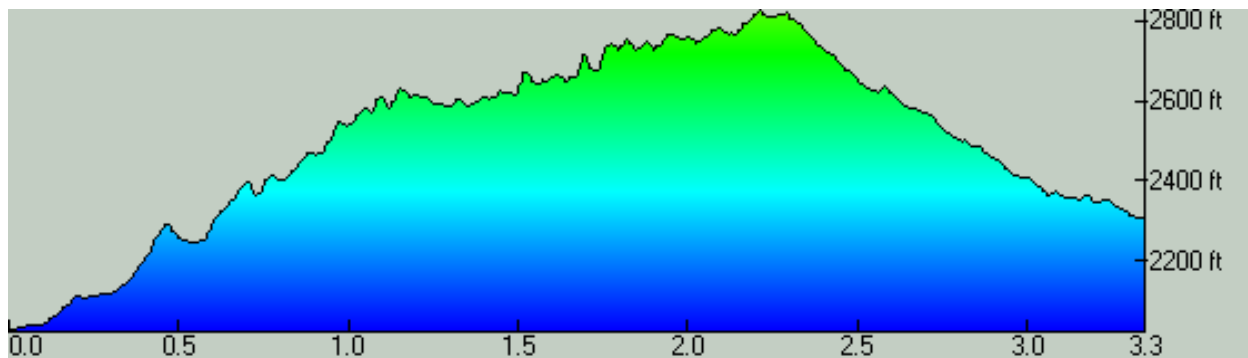
The Cruel Jewel 100 is laid out for tough and experienced trail runners; therefore, there will be qualifications and requirements to be eligible for entry and strict cut off times at all aid stations put in place for your safety.

**Eligibility:** You must have completed at least one 100 Mile TRAIL RUN or a qualifying 50 Miler (see website for 50 mile qualifying events).

**Start: Vogel State Park**

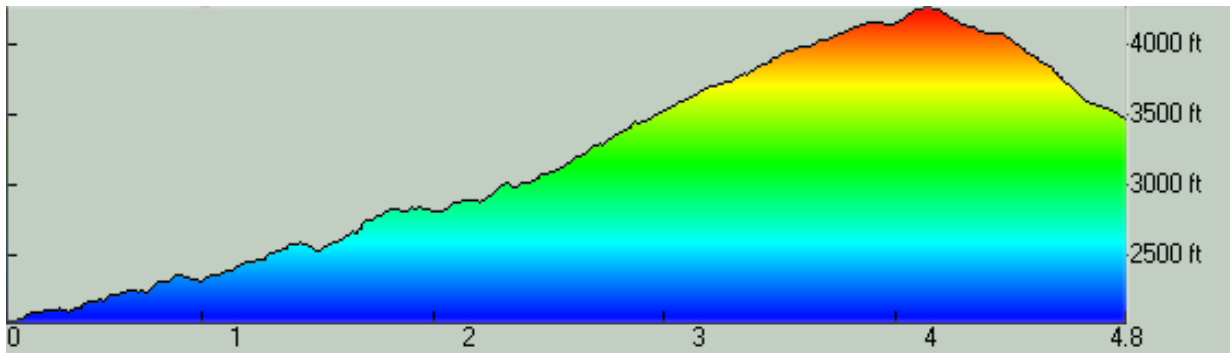
**Aid Station 1: Wolf Creek (WATER ONLY) NO CREW ACCESS!!**

Follow paved road from start. Turn right up stairs to follow the Coosa Backcountry Trail past, Bear Hair Trail (on left) to paved HWY 180. Cross paved HWY 180 (BE ALERT!! WATCH FOR CARS!) and bear slight right to continue on Coosa Backcountry Trail to **WOLF CREEK**



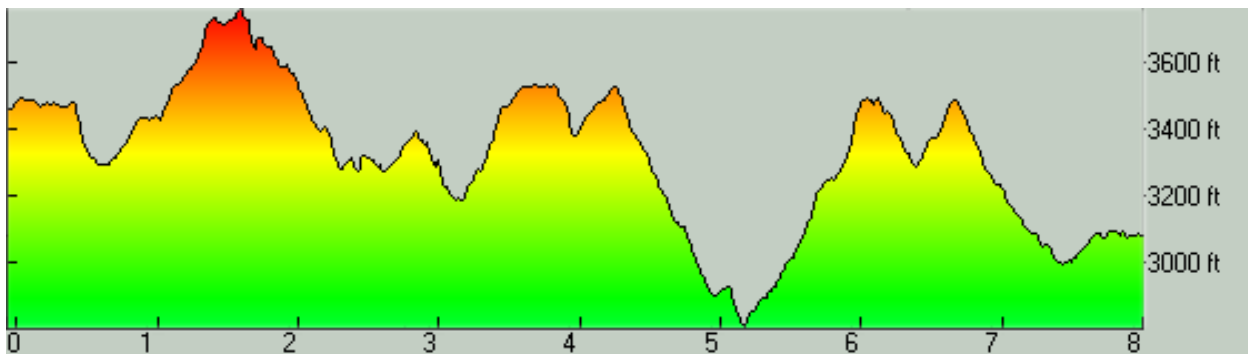
**Aid Station 2: Fire Pit. NO CREW ACCESS!!**

Cross dirt Wolf Creek Rd and continue on the Coosa Backcountry Trail and begin the 2,000-foot ascent of Coosa Bald crossing through Locust Stake Gap and crossing over a Dirt Forest Service Rd in Calf Stomp Gap. Once reaching the junction of the Coosa Backcountry Trail and the DRT, turn right on the DRT and continue to the summit of Coosa Bald. Descend Coosa bald on the DRT into **FIRE PIT**.



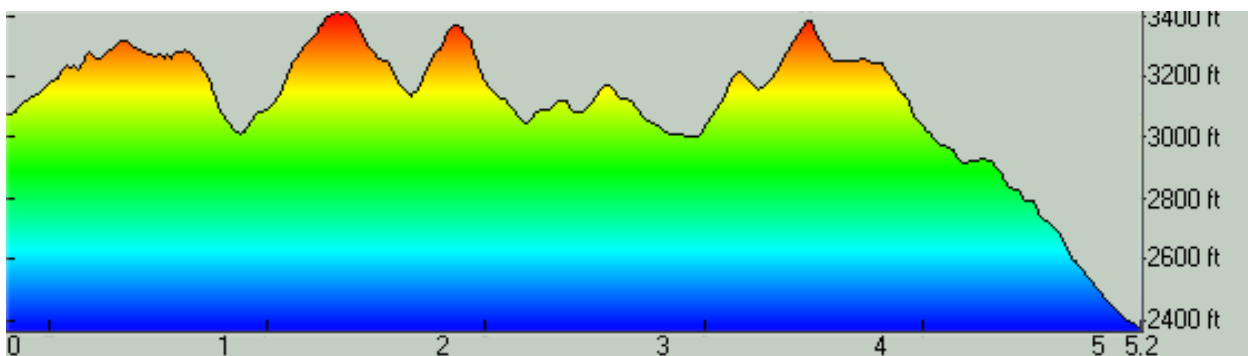
**Aid Station 3: Fish Gap. NO CREW ACCESS!!**

Continue on the DRT (do not take the road!!!) climbing Buckeye Knob, descending into Buckeye Gap, through Bryant Gap (stay on DRT, do not enter the roa!!!), and up Buck Knob. You will then drop into West Wildcat Gap, climb over West Wildcat Knob, and descend into Mulky Gap. Cross over dirt Mulky Gap Rd and continue on the DRT over Akin and Clements Mountains before descending into Akin Gap, and climbing Fish Knob, leaving you with the final descent into **FISH GAP**.



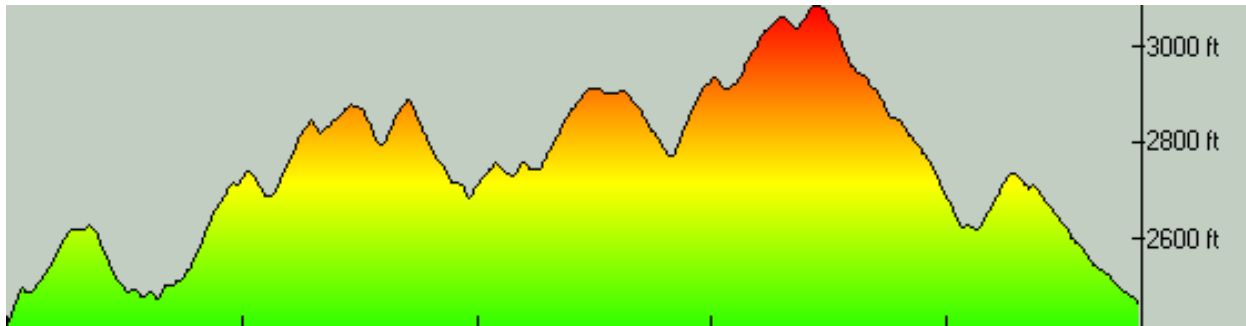
**Aid Station 4: Skeenah Gap. CREW ACCESS**

Leave Fish Gap on the DRT and ascend High Top, descend into Sarvis Gap, climb over Payne Knob and Gregory Knob, and drop down into Gregory Gap before ascending to the Chinquapin Ridge. Follow the ridge briefly before entering Rhodes Gap, where you will begin climbing the ridiculously steep Rhodes Mountain, and then drop down to the junction of the DRT and BMT. Turn right and follow the BMT down to paved **SKEENAH GAP**.



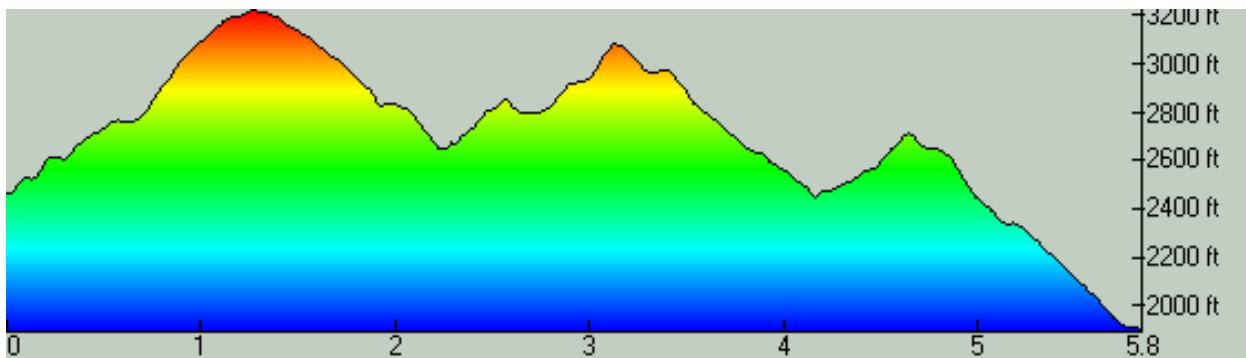
**Aid Station 5: Wilscot Gap. CREW ACCESS!! DROP BAG LOCATION!!**

Cross Paved Skeenah Gap Rd (BE ALERT!! WATCH FOR CARS!!) and continue on the Benton MacKaye Trail through Payne Gap, ascending Deadennen Mountain, descending into Lula Head Gap, up Wilscot Mountain, before finally dropping down to paved HWY 60 at **WILSCOT GAP**.



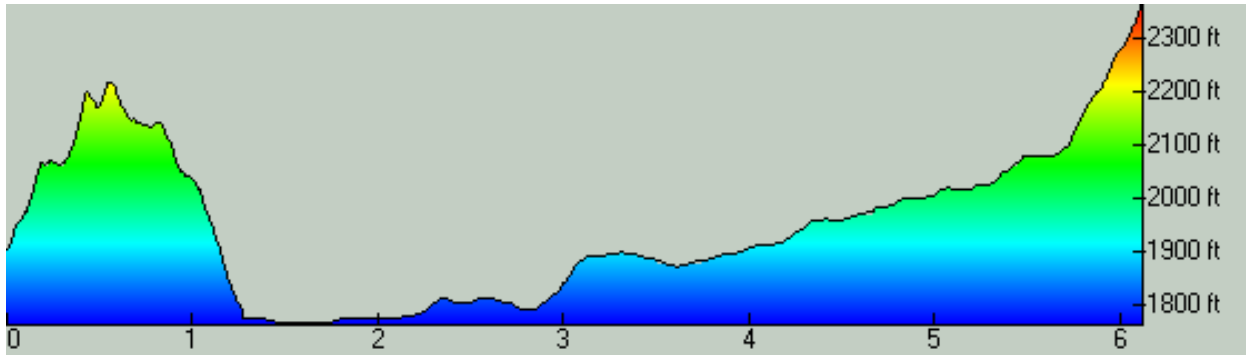
**Aid Station 6: Old Dial Road. CREW ACCESS!!**

Cross paved HWY 60 (BE ALERT!! WATCH FOR CARS!!) continuing on the BMT up Tipton Mountain, over Bald Top, down into Ledford Gap, ascending Brawley Mountain with it's view of Brawley Fire Tower, before descending into Garland Gap and ascending Garland Mountain. Descend on the Benton MacKaye Trail to dirt **OLD DIAL ROAD**.



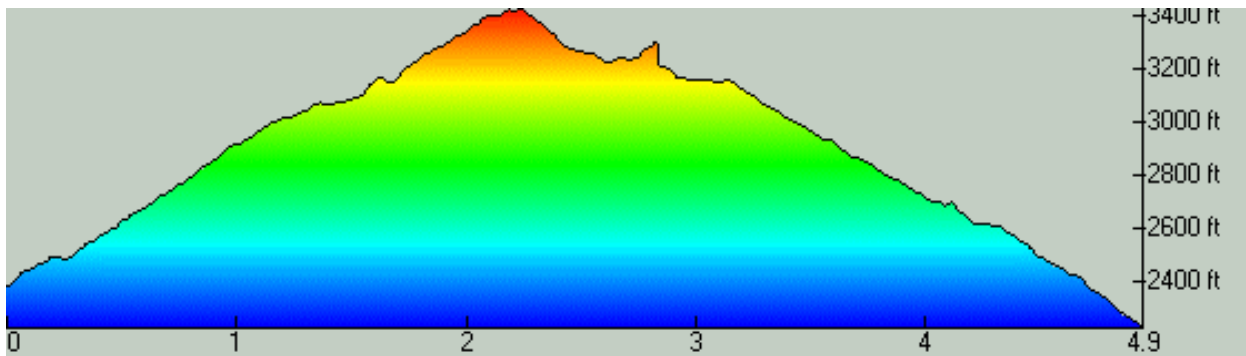
**Aid Station 7: Stanley Creek. NO CREW ACCESS!! (CREW ACCESS ON RETURN ONLY)**

Turn right on to the Benton MacKaye Trail and follow the BMT over Free Knob. Descend to dirt Shallowford Bridge Road and turn right. At steel bridge turn left and cross the Toccoa River. Turn right and follow paved Aska Rd for 0.5 miles. Turn left on paved Stanley Creek Rd and follow until it turns to dirt, then continue on for another 1 mile and turn right into the **STANLEY CREEK** parking area.



**Aid Station 8: Deep Gap. NO CREW ACCESS!!**

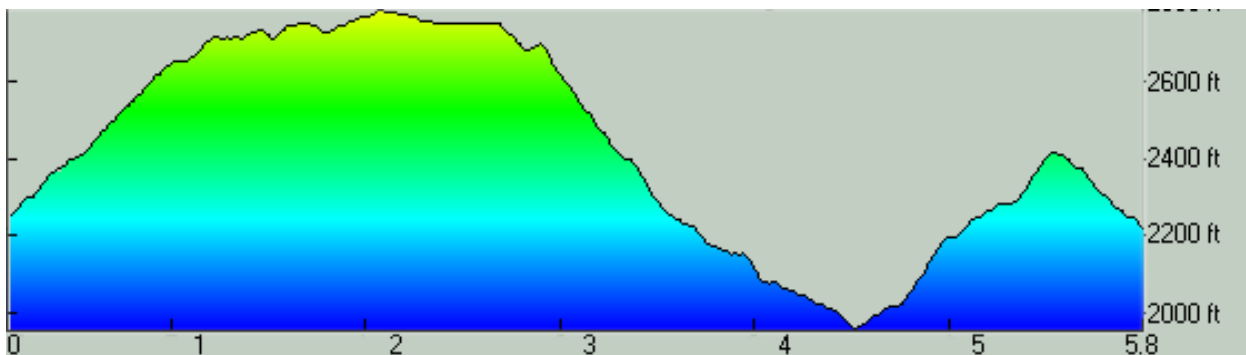
Turn left onto the Stanley Creek Trail and begin ascending Rocky Mountain followed by Rich Mountain. On Rich Mountain you will come to the junction of the BMT and the Stanley Creek Trail. Continue straight on shared Stanley Creek/Benton MacKaye Trails. At second junction of Stanley Creek and Benton MacKaye Trail, turn right and follow the Stanley Gap Trail down to junction with Flat Creek Trail at **DEEP GAP**.



**Aid Station 9: Deep Gap NO CREW ACCESS!!**

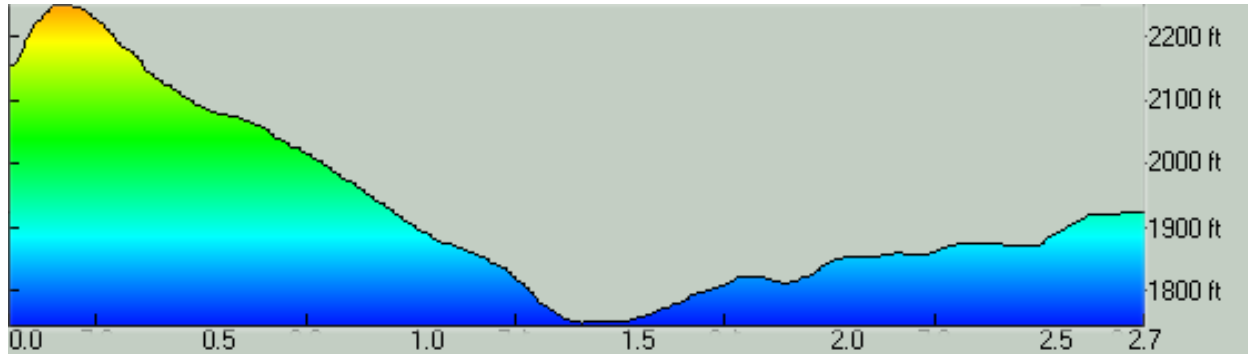
Turn right and follow the Flat Creek trail counterclockwise up Davenport Mountain and back down, cross over Flat Creek and return to **DEEP GAP**.

**\*\*NEW FOR 2019: Approximately half way through the Flat Creek Loop, runners must use designated station to punch bib to show proof of loop completion. Bib will be checked at Camp Morganton for Loop 1. If bib is not punched, runner must return to Flat Creek Loop, punch bib and return to Camp Morganton.**



**Aid Station 10: Camp Morganton. CREW ACCESS!! PACER!! DROP BAG!!**

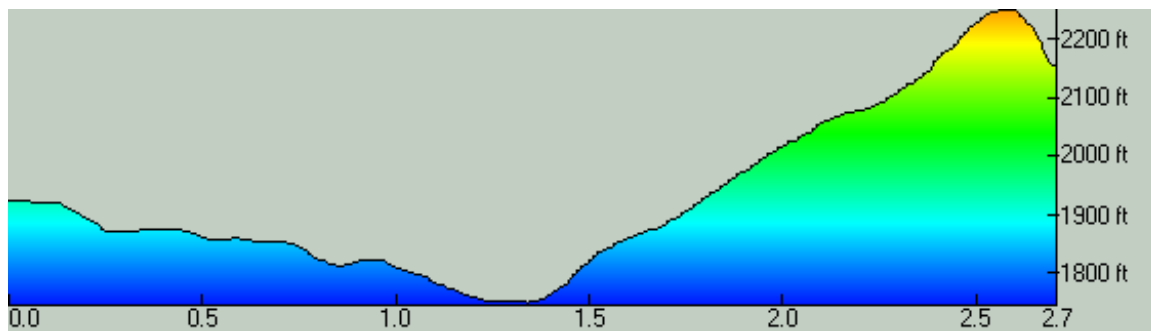
Exit Deep Gap aid station and turn left on paved Aska Rd. Follow Aska Rd to paved Snake Nation Rd and turn left. Follow Snake Nation Rd to gravel Camp Morganton Rd and turn right. Follow camp Morganton Rd to Camp Morganton and the turn around of the CRUEL JEWEL 100 !!



**Aid Station 11: Deep Gap. NO CREW ACCESS!!**

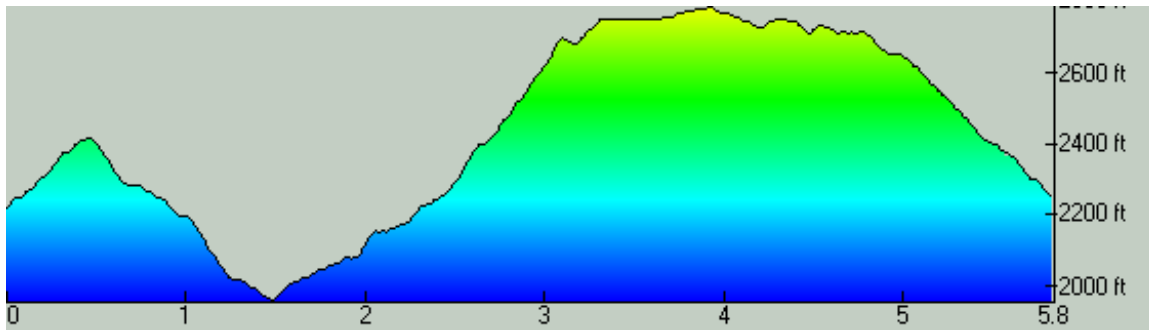
Exit Camp Morganton on gravel Camp Morganton Rd. Follow gravel road to the end and turn left onto paved Snake Nation Rd. Continue to end and turn right onto paved Aska Rd. Turn right at Deep Gap Trailhead. Aid Station 11 is at junction with Flat Creek Loop. **DEEP GAP.**

**\*\*NEW FOR 2019: Approximately half way through the Flat Creek Loop, runners must use designated station to punch bib to show proof of loop completion. Bib will be checked at FINISH for Loop 2. If bib is not punched for Loop 2, runner will be disqualified.**



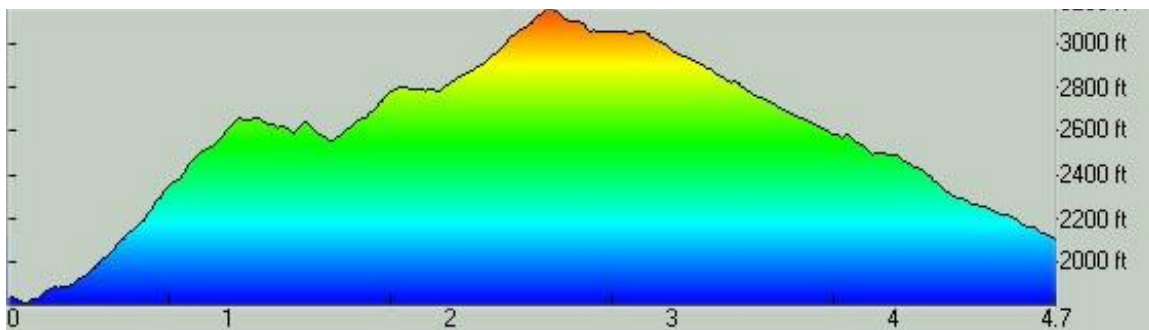
**Aid Station 12: Deep Gap. NO CREW ACCESS!!**

Leave Deep Gap and follow the Flat Creek Loop Trail counterclockwise over Flat Creek, up Davenport Mountain and back down to Deep Gap Aid Station. **DEEP GAP**



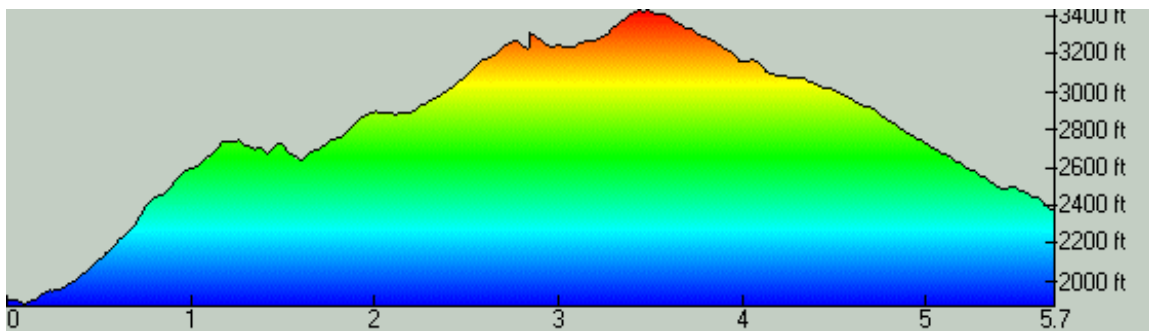
**Aid Station 13: Weaver Creek Road NO CREW ACCESS!!**

**[LSEP]** Leave Deep Gap and follow the Stanley Gap Trail to the “T” intersection with the Benton MacKaye Trail (BMT). Turn right on the BMT and follow it briefly up before descending to **WEAVER CREEK ROAD**



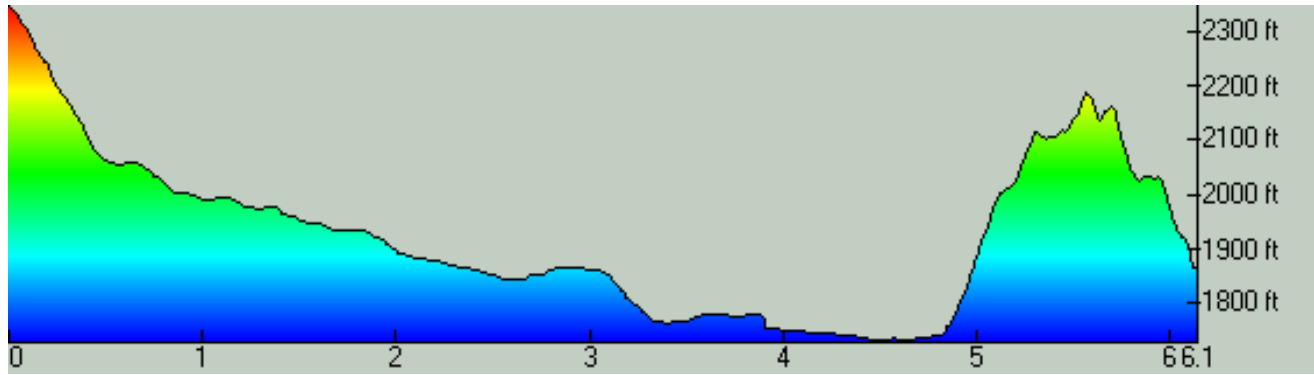
**Aid Station 14: Stanley Creek. CREW ACCESS!! PACER!!**

**[LSEP]** Leave Weaver Creek Road and follow the Benton MacKaye Trail **past** the first Stanley Gap Trail junction on the left. Continue on the Benton MacKaye Trail to the second Stanley Gap Trail junction. Turn right and follow the Stanley Gap Trail down to the **STANLEY CREEK** Parking Area.



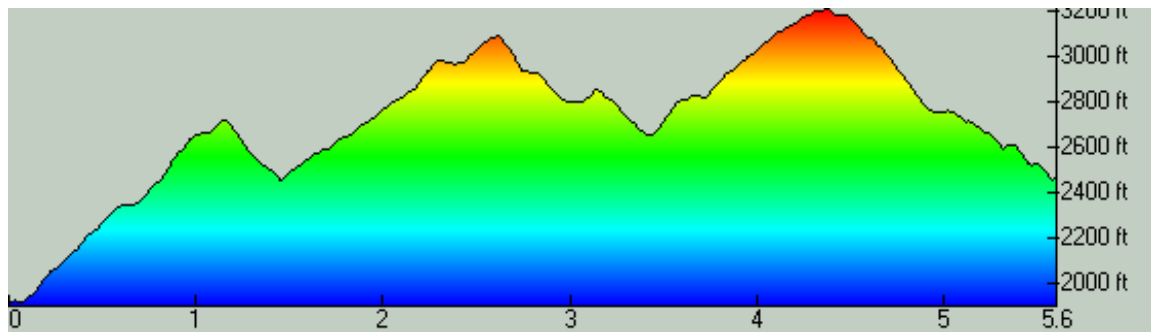
**Aid Station 15: Old Dial Road. CREW ACCESS!! PACER!!**

**[LSEP]** Follow gravel Stanley Creek Rd (will turn to pavement in 1.25 miles) to the end. Turn right on paved Aska Rd and follow for 0.5 miles to the Shallowford Bridge. **BE ALERT!! WATCH FOR CARS!!** Turn left and cross the Toccoa River on an old steel bridge, then turn right on gravel Shallowford Bridge Road for 0.5 miles to the junction of the Benton MacKaye Trail on left. Follow the Benton MacKaye Trail over Free Knob to dirt **OLD DIAL ROAD**.



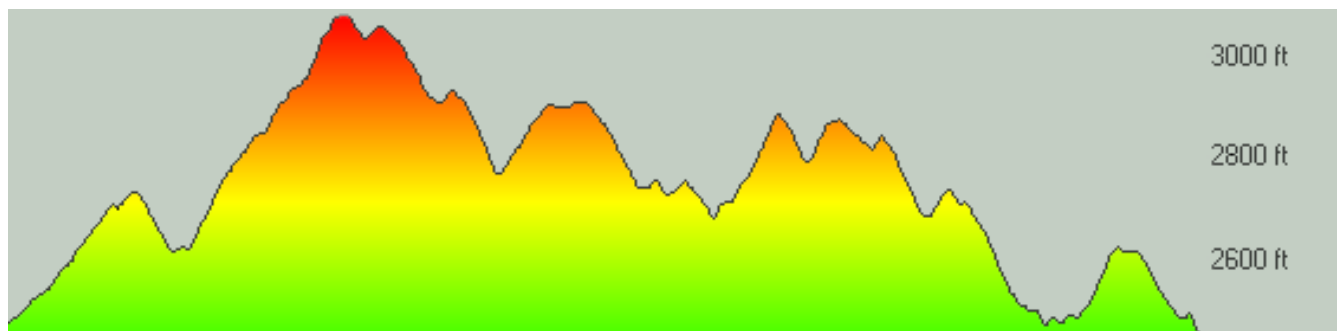
**Aid Station 16: Wilscot Gap. CREW ACCESS!! DROP BAG LOCATION!! PACER!!**

Cross Old Dial Rd and continue on the Benton MacKaye Trail single track. Climb Garland Mountain, descend into Garland Gap, climb Brawley Mountain with its view of the Brawley Fire Tower, back down to Ledford Gap, over Bald Top, over Tipton Mountain, and finally down to paved HWY 60 at **WILSCOT GAP**. BE ALERT!! WATCH FOR CARS!!



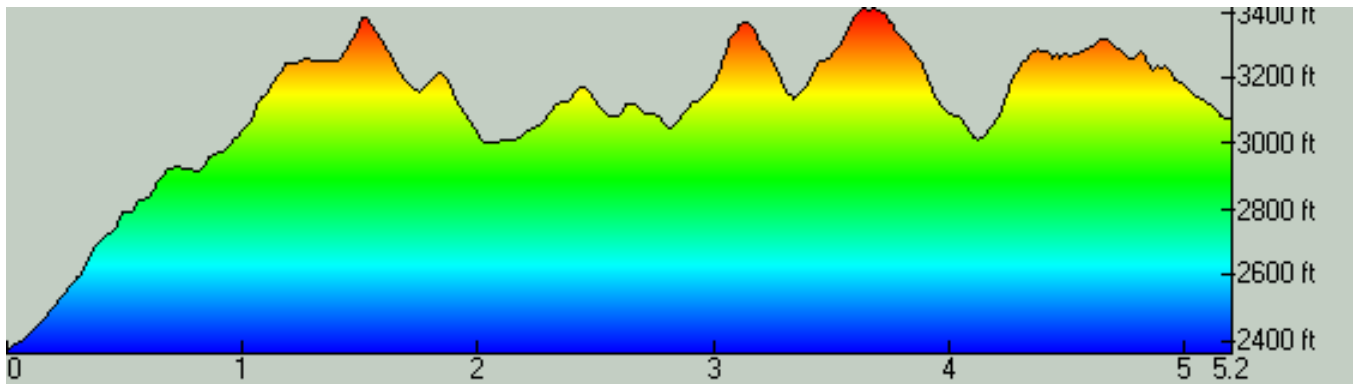
**Aid Station 17: Skeenah Gap. CREW ACCESS<sup>SEP</sup>!! PACER!!**

Continue on the Benton MacKaye Trail up Wilscot Mountain, through Lula Head Gap, over Deadennen Mountain, along the not so flat ridge, down into Payne Gap, and back up down again before ending at paved Skeenah Gap Road. Cross paved **SKEENAH GAP Rd**. BE ALERT!! WATCH FOR CARS!!



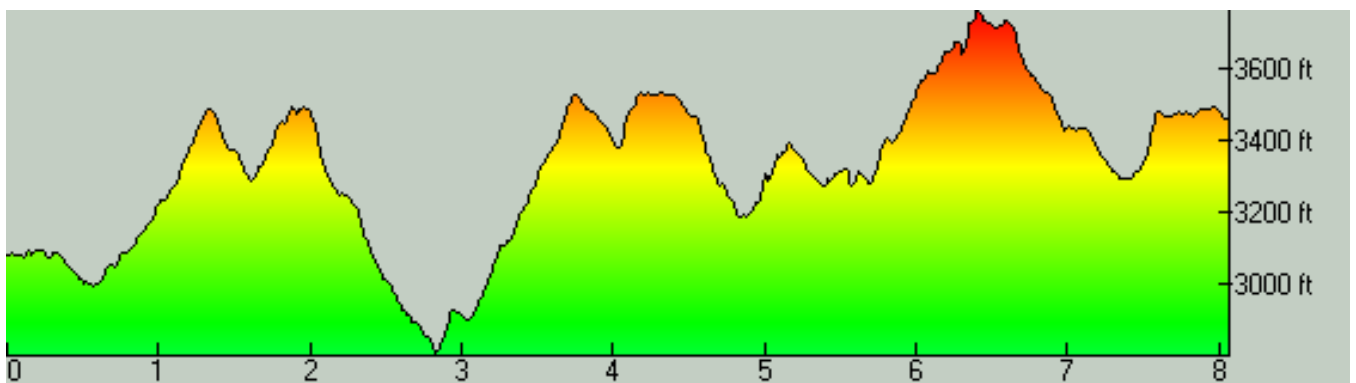
**Aid Station 18: Fish Gap. NO CREW ACCESS!!**

Say hello to the Duncan Ridge and the Dragon's Spine! Up to this point the course has been friendly and gentle, but as you climb Rhodes Mountain it's game on! In 1.25 miles you will come to the junction of the Duncan Ridge Trail (DRT). Veer left onto the DRT and continue climbing Rhodes Mountain. Descend straight down into Rhodes Gap, climb up Chinquapin Ridge, drop into Gregory Gap, climb Gregory Knob, over Payne Knob, through Sarvis Gap, up High Top, and then descend into **FISH GAP**.



**Aid Station 19: Fire Pit. NO CREW ACCESS!!**

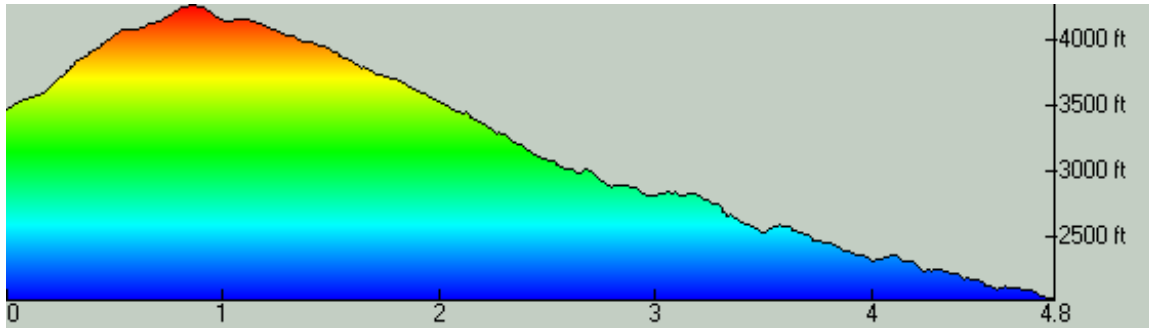
Leave Fish Gap and continue on the DRT over Fish Knob, descend into Akin Gap, then ascend over Clements Mountain and Akins Mountain before dropping into Mulky Gap. Cross dirt Mulky Gap Rd and begin climbing West Wildcat Knob and continue through West Wildcat Gap. Continue on the DRT over Buck Knob and through Bryant Gap (you will have limited views of dirt Duncan Ridge Road, do NOT enter or cross it!!! STAY ON THE <sup>(11)</sup><sub>(SEP)</sub>DRT!!), and Buckeye Gap before climbing Buckeye Knob and descending into **FIRE PIT**.



**Aid Station 20: Wolf Creek (WATER ONLY) NO CREW ACCESS!!**

Continue following the DRT as you climb Coosa Bald. As you are descending Coosa Bald (.25 miles) you will come to the junction of the Coosa Backcountry Trail and the DRT. Turn left and begin following the Coosa Backcountry Trail. Here you will start your 2,000-foot descent to Wolf Creek. Along the way you will cross a dirt Forest Service Road in Calf Stomp Gap, and continue through Locust Stake Gap before reaching dirt **WOLF CREEK** Road





**FINISH: Poor Decisions (Vogel State Park) CREW ACCESS**

Continue following the Coosa Backcountry Trail across Wolf Creek. Cross paved Hwy 180 (BE ALERT!! WATCH FOR CARS!!) and continue on Coosa Backcountry Trail into Vogel State Park. Turn left at paved road and follow signs to **FINISH!**

